

A Glimpse At Our Daily Rhythm

Earth Explorers Summer Camp

8:30-9:00 Drop off outside at Little Swans Building (out back behind the building)

*** Drop off at Little Swans front door if it's raining

9:00 Group morning meeting/ Making plans for the day ahead/ Morning mindfulness

9:30 Morning snack and bathroom break

10:15 Nature adventure/ Forest walk/ Water play/ Exploring (activities will be based upon weekly camp theme)

12:00 Lunch and clean up

12:45 Quiet time/ Cool off/ Class read aloud/ Board games/ Yoga

1:15 Free play/ Music/ Dance/ Arts & crafts (many activities to choose from)

2:30 Afternoon snack

2:45 Playground time

3:30 Pick up time at Little Swans Building (outside, unless it's raining, which means pick up will be at the front door of Little Swans Building)

We follow the natural lead of each child during camp. We feel it is important for the group to decide together what they want to do, and help to provide the means necessary to make that happen. Our goal is to make the ebb and flow of the day feel as comfortable as possible.

It's important for children to have access to comfortable outdoor clothing, footwear, and rain gear so we can still get outside in the rain.